



Safety instructions for using the VR installation at Fotomuseum Winterthur

The virtual reality experience can be intense. Please read the guidance below carefully to help ensure your safety and an enjoyable experience.

General information

Using a VR headset requires good mobility and balance. Please do not take part if you:

- are tired or sleep-deprived;
- have consumed alcohol or drugs;
- feel unwell (e.g. have a cold or are hungover);
- have headaches, migraines, earache or digestive problems;
- feel stressed or anxious.

During use, you may experience loss of balance or motion sickness. Symptoms may include dizziness, headaches, nausea or, in rare cases, vomiting. If you notice any of these, remove the headset immediately and inform our staff.

Please note that the objects visible in the virtual environment are not real. Do not lean on, sit on or otherwise support yourself on virtual elements.

During use, your field of view is completely covered. Please do not hold or use objects that could injure you or others, or that could be damaged.

The headset may become warm during use. If it feels uncomfortably warm or hot, remove it and inform our staff.

Age restriction

The VR installation is not suitable for children under the age of 12. The headset is designed for adults and young people aged 12 and over.



Medical information

The headset and controllers contain magnets and radio components that may affect medical devices such as pacemakers, defibrillators or hearing aids. If you use such a device, please consult your doctor before taking part.

Do not take part if you have epilepsy, heart problems or other serious health conditions. If you are pregnant, older, or have existing vision problems, we recommend consulting a doctor before use.

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If you wear glasses

The headset can be worn with smaller frames.

Put the VR headset on from front to back and take it off by lifting forwards to avoid pressure on the frames. Please note that wearing glasses under the VR headset may slightly increase the risk of facial injury in the event of bumps or falls.

System alerts

The headset displays warnings:

- Overheating: If the headset overheats, remove it immediately and allow it to cool down.
- Volume: If the sound is too loud, a warning will appear. In this case, reduce the volume.

👉 If you feel unwell at any point, please inform the museum staff immediately – we are happy to help.